

## GO ERIENCE 2018 WORKSHOP DETAILS

German & Magdalena Workshops	Workshop	Time	
Embrace, connection and intention in tango (INT & above) * [ Main Ballroom-2 <sup>nd</sup> floor]	German/Magdalena Workshop 1	Friday Sep 21 5pm - 6:30pm	
Exploring Rhythmic concepts (beat, off-beat (contratiempo), accent on strong & weak beats, phrasing, syncopation) (ADV - advanced) * [25 Cecil St.]	German/Magdalena Workshop 2	Friday Sep 21 6:45pm-8:15pm	
Technique for Followers & Technique for Leaders (separate groups) ( INT & above) * [Main Ballroom-2 <sup>nd</sup> floor]	German/Magdalena Workshop 3	Saturday Sep 22 3pm - 4:30pm	
Tango Essentials - the Structure of tango, including technique salida, cross, parallel and crossed system, lead & follow (INT & above) * [Main Ballroom-2 <sup>nd</sup> floor]	German/Magdalena Workshop 4	Saturday Sep 22 4:45pm-6:15pm	
Dancing like the champions - advanced technique used by the champions (ADV - advanced) * [25 Cecil St.]	German/Magdalena Workshop 5	Sunday Sep 23 3pm - 4:30pm	
Advanced workshop - Add dynamics, make use of space, and increase the quality of movement (ADV - advanced) * [25 Cecil St.]	German/Magdalena Workshop 6	Sunday Sep 23 4:45pm-6:15pm	

<sup>\*</sup> NOTE: All class are gender balanced so you always have a partner to work with

Federico & Sabrina Workshops	Class	Time
Tango and milonga. Adapting similar figures to different styles (INT/ADV & above) $^*$ [1 $^{\rm st}$ floor]	Federico/Sabrina Workshop 1	Thursday Sep 20 5pm - 6:30pm
Leading from inside the movement (INT/ADV & above) * [Main Ballroom-2 <sup>nd</sup> floor]	Federico/Sabrina Workshop 2	Thursday Sep 20 6:45pm-8:15pm
Dancing on a crowded floor - how the milongeuros dance (INT/ADV & above) * [1 <sup>st</sup> floor]	Federico/Sabrina Workshop 3	Friday Sep 21 5pm - 6:30pm
Technique for Followers & Technique for Leaders (separate groups) ( INT & above) * [Main Ballroom-2 <sup>nd</sup> floor]	Federico/Sabrina Workshop 4	Friday Sep 21 6:45pm-8:15pm
Turns, enrosques & sacadas (I - Intermediate) (INT & above) * [25 Cecil St.]	Federico/Sabrina Workshop 5	Saturday Sep 22 3pm - 4:30pm
Turns, enrosques & sacadas (II - advanced) (ADV - advanced) * [25 Cecil St.]	Federico/Sabrina Workshop 6	Saturday Sep 22 4:45pm-6:15pm
Combinations for close embrace (INT/ADV & above) * [25 Cecil St.]	Federico/Sabrina Workshop 7	Sunday Sep 23 3pm - 4:30pm
Expressing the music - exploring the possibilities (INT & above) * [Main Ballroom-2nd floor]	Federico/Sabrina Workshop 8	Sunday Sep 23 4:45pm-6:15pm

Edwin & Alexa Workshops	Class	Time
Vals - movements for expressing the cadence of vals (INT & above) * [Main Ballroom-2 <sup>nd</sup> floor]	Edwin/Alexa Workshop 1	Thursday Sep 20 5pm - 6:30pm
Linear and circular ochos with pivots (INT & above) *  [1 <sup>st</sup> floor]	Edwin/Alexa Workshop 2	Thursday Sep 20 6:45pm-8:15pm
Giros - technique from left side and right side (INT & above) * [25 Cecil St.]	Edwin/Alexa Workshop 3	Friday Sep 21 5pm - 6:30pm
Sharing the axis in turns (INT & above) * [1 <sup>st</sup> floor]	Edwin/Alexa Workshop 4	Friday Sep 21 6:45pm-8:15pm
Rebounds (Rebotes) with pivot for changes of directions (ADV - advanced) * [25 Cecil St.]	Edwin/Alexa Workshop 5	Saturday Sep 22 3pm - 4:30pm
Interpreting of rhythmic moments (INT/ADV & above) * [25 Cecil St.]	Edwin/Alexa Workshop 6	Saturday Sep 22 4:45pm-6:15pm
The walk and the embrace - basic mechanics of movement (INT & above) * [Main Ballroom-2nd floor]	Edwin/Alexa Workshop 7	Sunday Sep 22 3pm - 4:30pm
Using dissociation (& association) to maintain the connection (INT/ADV & above) * [25 Cecil St.]	Edwin/Alexa Workshop 8	Sunday Sep 22 4:45pm-6:15pm

<sup>\*</sup> NOTE: All class are gender balanced so you always have a partner to work with

Pablito & Anastasia Beginners Intensive Workshops (BGN-INT)	Thursday Sep 20 6pm–7pm	Thursday Sep 20 7:15pm – 8:15pm	Friday Sep 21 6pm – 7pm	Friday Sep 21 7:15pm – 8:15pm	Saturday Sep 22 12pm – 1pm	Saturday Sep 22 1:30pm – 2:30pm	Sunday Sep 23 12pm – 1pm	Sunday Sep 23 1:30pm – 2:30pm
For people with limited or no experience with tango	Class 1 [25 Cecil]	Class 2 [25 Cecil]	Class 3 [1 <sup>st</sup> Floor]	Class 4 [1 <sup>st</sup> Floor]	Class 5 [Main Ballroom]	Class 6 [Main Ballroom]	Class 7 [Main Ballroom]	Class 8 2 [Main Ballroom]

## LEVELS:

BGN (beginner) Either never danced tango or taken any classes, or very limited exposure to Argentine tango (less than 1 month) BGN/INT (beginner-intermediate) limited exposure to Argentine tango (1 to 3 months of classes and social dancing) INT (intermediate) Have taken classes and have attended some milongas (3 to 6 months of classes and social dancing) INT/ADV (intermediate-advanced) Have taken classes and have attended milongas (6 month to 1 year of classes and social dancing) ADV (advanced) Usually at least one year of dancing or classes ALL All levels above BGN will benefit.

## **CLASS LOCATIONS:**

All classes and events take place in one of three rooms:

- a) Main Ballroom 2<sup>nd</sup> floor of the SPK Polish Hall at 206 Beverley St. (Go up the stairs)
- b) 1st Floor Main Floor of the Polish Hall at 206 Beverley St. (this is the room on the ground floor when you enter from the street)
- c) Cecil St. 25 Cecil St, just across from the Polish Hall on Cecil St.